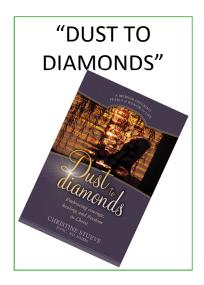
DR. CHRISTINE STUEVE

D.PSc., PhD, ND, DMBM





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DR. CHRISTINE STUEVE

D.PSc., PhD, ND, DMBM

Christine is a licensed Doctor of Pastoral Science & Medicine and as a Doctor of Philosophy in Natural Medicine & Neuroscience, she has been able to help her patients get to the root cause of their health challenges. She is Board Certified in Integrative Medicine and licensed in pastoral biblically based counseling. She specializes in Neuro-Integrative & Metabolic Assessment, Herbology, Homeopathy, Detoxification, CranioSacral Therapy, Integrated Applied Kinesiology, Functional Endocrinology and BioTerrain analysis. She has a deep passion to see men, women and children of all ages and athletic ability, walk in optimal health emotionally, mentally, physically & spiritually.

She is a frequent lecturer for universities, public and private schools, as well as churches to educate on a variety of topics including Self Defense for Women. She has produced a Self Defense for Women DVD and was a guest speaker on KTIS and has published her first book "Dust to Diamonds".

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Case Study Review

Using SRT, Thermometry & Identifying Root Cause

October 7, 2017

Dr. Christine Stueve, D.PSc., PhD, ND, DMBM
Licensed Doctor of Pastoral Science & Medicine
Doctor of Philosophy of Natural Medicine & Neuroscience

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Introduction

- Sano Team currently includes 13 practitioners & 3 administration staff
- In practice for over 15 years
- Focus on helping patients get to the root cause in healing from the brain down (mind, body spirit)
- Process of expansion, currently located in Minneapolis, MN
- Specialize in trauma, athletes, neurological disorders, cancer support
- Address spiritual, emotional, physical, chemical & energetic realities for each patient

Disclaimer

The material and information contained in this seminar is not for the diagnosis or treatment of disease, but to provide healthcare information to those seeking views, recommendations and experiences of Sano Wellness Center practitioners.

The information presented is intended for educational purposes only.

Health-related information provided here is not a substitute for medical advice.

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Overview

- Case Study #1 Lyme's Disease Patient
- Case Study #2 ANS Disorder Patient
- Case Study #3 CLL Cancer Patient
- * Q & A
- Resources

New Patient Process

- New Patient Appointment #1
 - Thermometry Scan
 - HRV (Heart Rate Variability Test)
 - BioTerrain Assessment Urine
 - Blood Chemistry
- New Patient Appointment #2
 - Results Consult Dr. Stueve
 - Patient direction MAP or Support
 - Treatment Plan & Cost Analysis (if requested)

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CASE 1. LYME'S DISEASE

History:

- Father of 4 children
- Business sales with travel
- Contracted Lyme's verified multiple tests
- Immediate symptom presentation
 - Extreme fatigue
 - Brain fog
 - Pain in joints
 - Insomnia
 - Anxiety with travel

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CASE STUDY #1 – Lyme's Disease

Plan for Treatment/Therapies:

- Bio-scans see handout
- MAPs root of anxiety (childhood neural patterns)
- HBOT & Lymph drainage therapy
- Custom nutrition plan
- · Immune support
 - Lyme Nosode homeopathic
 - Echinacea Premium
 - Digestive support

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CASE STUDY #1 – Lyme's Disease

Current Status:

- · Working without time off
- · Traveling with essential oils & high dose Echinacea Premium
- Regular digestion (1st time since infancy)
- Sleep much better some self-inflicted late nights
- · Some ache in joints but progressively getting better
- · Much less brain fog
- Implementing recommended support for travel
- · Complete diet change over

CASE STUDY #1 – Lyme's Disease

Take Away:

- Beginning assessment critical with complete history (trauma)
- Dedicated and committed patients process more effective
- Following recommended therapy protocols
 - Ex: Lymph Drain, HBOT, Neuro-Muscular, IR sauna, Halo
- Completed all recommended bio-scans Day 1-4 + Healthy Ego
 - + Sensitivities 2x scheduling Antigens post travel
- BioPure Lyme Nosode supplement very effective
- Brain MAP/detox exercises, supplement checks
- · Continuing diet even when traveling

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CASE 2. **ANS DISORDER**

History:

- Female Age 13
- Athlete
- Extreme muscle weakness
- Trauma IU; Difficult birth
- Perfectionist
- Extremely competitive
- Passing out with exertion in sports
- Digestion disorder

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CASE STUDY #2 - ANS

Plan for Treatment/Therapies:

- Bio-scans see handout
- MAPs root of anxiety (childhood neural patterns)
- Acupuncture
- Custom nutrition & exercise plan
- Neurofeedback therapy
- CNS support

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CASE STUDY #2 – ANS Disorder

Current Status:

- Completed all recommended bio-scans to date (need Day 6)
- Herbal support extremely low functioning Brain, CNS, Immune & Endocrine systems
- Consistent with following recommended nutrition plan
- QEEG & Neurofeedback brain therapy (min 2xwk for 30-40)
- Focusing at home on repatterning perfectionist to "safe to be me, learn, know, grow & make mistakes"
- · Restricted exercise and rest daily

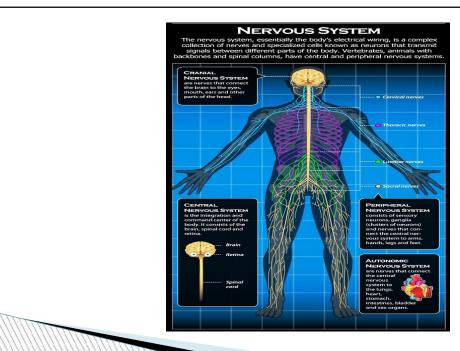
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CASE STUDY #2 – ANS Disorder

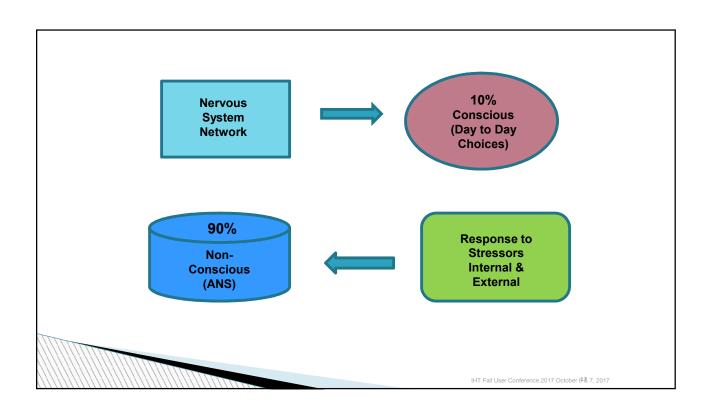
Take Away:

- Beginning assessment critical with complete history (trauma)
- · Committed parents to follow through for minor patients
- Following recommended therapy protocols
 - Ex: Lymph Drain, HBOT, Neuro-Muscular, Bio-scans + Healthy Ego (mom was emotional/energetic trigger)
- Brain MAP/detox exercises, supplement checks
- · Resting critical until brain & CNS are repatterned
- · Maintaining restricted exercise

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CASE STUDY #3 – CLL

Plan for Treatment/Therapies:

- Bio-scans see handout
- Lymphatic drainage therapy
- MAPs root of auto-immune (child neural patterns/abuse)
- Acupuncture
- Custom nutrition & exercise plan
- Neuromuscular therapy & Raindrop

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CASE STUDY #3 – CLL Cancer

Current Status:

- · Completed all recommended bio-scans to date
- Herbal support Brain, CNS, Immune & Blood systems
- · Daily therapies, prayer and positive thoughts
- Lost 17 pounds in 7 weeks (inflammation, fluid, fat)
- No heartburn after 7 days on recommended plan
- · Sleeping well with only 1 bathroom trip
- Oncologist report August 25, 2017 phenomenon, blood markers in normal range, encouraged to continue therapy as recommended by Dr. Stueve

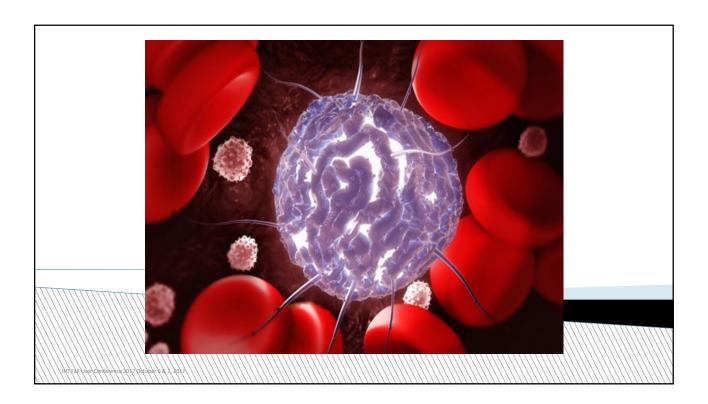
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CASE STUDY #3 – CLL Cancer

Take Away:

- Beginning assessment critical including RGCC testing with complete history (trauma)
- · Preparing for next round of therapy & treatment IST
- Following recommended therapy protocols
 - Ex: Lymph Drain, HBOT, Neuro-Muscular, Bio-scans
- Brain MAP/detox exercises, supplement checks
- Facing trauma of childhood & toxic exposure to repattern = shutting down new toxic cells
- Daily exercise walking minimum of 3 miles

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Human Condition of Illness

- Stress = secretion of glucocorticoid hormones which inhibits neuronal growth; shrinks brain; depletes brain & CNS
- Chronic stress = shriveling of neurons = loss of memory and brain function
- Limbic system regulates emotionally stored memories, if triggered, unconsciously & almost instantaneously evaluate reality & direct the body to respond as logged in amygdala from the past as opposed to rational thought to action
- Emotional condition of mom affects developing baby
- Pathogens can often cause brain imbalance; anxiety; depression; rumination (Lyme's, Virus, Heavy Metals, Chemicals, etc.)
- 85-90% of physical illness = spiritual root complicated by emotions & toxic load

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Human Condition of Illness

- Neurological environment damaged runs too slow/too fast = communication pathology
- Brain exercising targets overall brain regulation by regain CNS stability first
- Neurological traps FEAR; loops, triggers (-) rumination, (-) thoughts/beliefs
- Sound mind perceptions and response mechanisms
- God's Word critical for truth to renew the mind (scripture)
- Chronic pain parietal lobes of brain stores negative loops of pain
- Feedback of self is very powerful as a tool for transformation
- Mind (soul) controls the brain proven in science & laboratory & NF

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Take Aways

Tools

Bioscan Technology

Thermometry

Bio-Terrain Assessment

Blood Analysis

Nutrition/Lifestyle Analysis

Therapies

MAP – Mind Appropriately Patterned

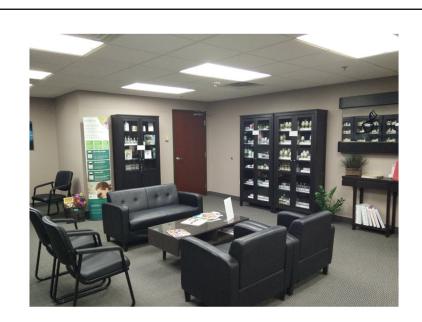
Chronic Pain Exercise Handout

Heart Handout

Brain Detoxification Handout

Review Handouts with Audience

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RESOURCES

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SEMINARS

- · Sports Injury, Recovery, Athletic Performance
- Functional Medicine
- Neurological Disorders ~ MS, ALS, Parkinson's, ADHD, Autism
- Nutrition ~ Mind, Body, Soul
- Immune System & Function ~ Auto-Immune Disorders
- Communication Pathology
- · The Destruction of Stress
- Home Tools for your Toolbox
- Brain Function Series I through III
- Neuroscience, Neuroplasticity, Epigenetics & Healing
- · Cancer Series I through III

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IDENTIFYING THE ROOT CAUSE = PERMANENT HEALING!... 1. Search for stealth pathogens 2. Address emotional hindrances or roots (fear, anger, grief) 3. Use healthy ego, dental, smoking cessation folders for increased breakthrough Dr. CHRISTINE STUEVE D.PSc., PhD, ND, DMBM www.sanowc.com t.952-681-2916