

# QUANTUM HEALTH INSTITUTE

CUSTOM FOLDER OVERVIEW

JASON PERSAUD BHS, HHP



# OVERALL SCREEN

## Hold: Sensitivity

Items Tested	Dilution	Point ID	Max	Drop	Graph
1. Magnesium - min	Stress Test	LY-1-2*R	50	0	
2. Zinc - min	Stress Test	LY-1-2*R	49	0	
3. Caffeine	Stress Test	LY-1-2*R	53	0	
4. Hydrochloric Acid	Stress Test	LY-1-2*R	49	0	
5. Hydrochloric Acid	Stress Test	LY-1-2*R	42	0	
6. Pancreatin	Stress Test	LY-1-2*R	51	0	
7. Vitamin D3 Cholecalciferol	Stress Test	LY-1-2*R	51	0	
8. Candida Mix	Stress Test	LY-1-2*R	57	0	
9. Candida albicans	Stress Test	LY-1-2*R	57	0	
10. Parasite Mix	Stress Test	LY-1-2*R	52	0	
11. Fungus Mix Nosode	Stress Test	LY-1-2*R	50	0	
12. Aspergillus flavus	Stress Test	LY-1-2*R	50	0	
13. Gluten	Stress Test	LY-1-2*R	38	0	
14. Lactose	Stress Test	LY-1-2*R	37	0	
15. Glyphosate	Stress Test	LY-1-2*R	56	1	
16. Histoplasmosis	Stress Test	LY-1-2*R	54	1	
17. Ringworm	Stress Test	LY-1-2*R	52	0	
18. Acetaldehyde	Stress Test	LY-1-2*R	52	0	
19. Lactase	Stress Test	LY-1-2*R	38	0	
20. Pepsin	Stress Test	LY-1-2*R	53	1	
21. Alcohol	Stress Test	LY-1-2*R	50	0	
22. Roundup	Stress Test	LY-1-2*R	54	0	
23. Virus Mix	Stress Test	LY-1-2*R	50	0	
24. Escherichia coli - E. coli	Stress Test	LY-1-2*R	56	0	
25. Salmonella spp.	Stress Test	LY-1-2*R	53	0	

# MINERALS

- MAGNESIUM
  - INVOLVED IN HUNDREDS OF BIOCHEMICAL REACTIONS IN THE BODY
  - STRESS DEPLETES IT, CONVENTIONAL SOIL IS MINERAL DEFICIENT MEANING FOODS ARE THEREFORE DEFICIENT IN COMPARISON TO THE PAST
  - BENEFITS IN MENTAL HEALTH, PHYSICAL PERFORMANCE, SYSTEMIC HEALTH, ETC.
  - EVERYONE NEEDS MAGNESIUM WITH TODAY'S RELATIVE STRESS
- ZINC
  - THINK HAIR, NAILS (VERTICAL RIDGING), POOR DIGESTION (HCL), STRESS DEPLETES IT.
  - MENTAL HEALTH, IMMUNE HEALTH, WOUND HEALING, SKIN HEALTH
  - RECOMMENDED TO MOST OF MY CLIENTS IN WINTER MONTHS.

# DIGESTIVE

- HCL (HYDROCHLORIC ACID)
  - MAIN ACID IN THE STOMACH, IMPORTANT FOR PROTEIN DIGESTION & MAJOR DEFENSE AGAINST UNWANTED MICROBES
- PANCREATIN
  - GROUP OF DIGESTIVE ENZYMES AMYLASE, LIPASE, PROTEASE, SPEAKS TO FOOD DIGESTION DOWNSTREAM OF LIVER AND GB
- GLUTEN\*
  - GLUTEN SENSITIVITY (WHEAT)
- LACTOSE\*
  - LACTOSE SENSITIVITY (DIARY)
- \*EUROPEAN VERSIONS
  - I'VE TESTED EUROPEANS THAT HAVE COME UP IN THE GREEN BUT SAY THEY CAN'T HANDLE NA VERSIONS.
- LACTASE
  - ENZYME NEEDED TO DIGEST LACTOSE (DIARY)
- PEPSIN
  - ENZYME NEEDED FOR PROTEIN DIGESTION



# LIFESTYLE

- CAFFEINE
  - CAN THAT PERSON TOLERATE CAFFEINE OR NOT – QUALITY SLEEP IS THE BIGGEST FACTOR FOR CHANGING THIS.
- VITAMIN D
  - VITAMIN D STATUS, DOES NOT QUALIFY AS A BLOOD TEST BUT IS FAIRLY SIMILAR FROM MY CLINICAL EXPERIENCE, FOR THOSE ALREADY TAKING VIT D BUT FIND LOW LEVELS; NEED TO CHECK MICROBIOME
- GLYPHOSATE (ROUNDUP)
  - DANGEROUS PESTICIDE ON CONVENTIONAL FOOD & CROPS, ADDS TO TOXIC LOAD, DESTROYS MICROBIOME, DEGRADES SOIL AND FOOD QUALITY, CARCINOGENIC, HORMONAL ISSUES.
- ALCOHOL
  - GIVES ME INFORMATION AS TO LIVER STATUS, REMEDY TESTING USING THE (HOLD TANK/TEST PLATE) CAN GIVE YOU INSIGHT AS TO WHAT IS MORE IMPORTANT (LIVER/GALLBLADDER – DRAINAGE/DETOX/MICRONUTRIENT SUPPORT) AT THAT LEVEL

# MICROBIOLOGY

- CANDIDA MIX
  - ARE THERE CANDIDA SPECIES PRESENT...AT THIS LAYER
- PARASITE MIX
  - ARE THERE PARASITE SPECIES PRESENT...AT THIS LAYER
- FUNGUS MIX
  - ARE THERE FUNGAL (MYCOTOXINS) PROPERTIES PRESENT...AT THIS LAYER
- VIRUS MIX
  - IS THERE POSSIBLY ACTIVE VIRAL PROPERTIES PRESENT
- ASPERGILLUS FLAVUS
  - MYCOTOXIGENIC FUNGUS THAT POSSESSES THE ABILITY TO PRODUCE AFLATOXINS – IF FOUND DO A DEEPER DIVE ON FUNGI AND MYCOTOXINS
- HISTOPLASMOSIS
  - FUNGAL INFECTION FROM BIRDS, USUALLY SHOWS UP IN THE LUNGS, OFTEN SEE IN CASES WITH [CHRONIC] BRONCHITIS, ASTHMA, OR OTHER BRONCHODILATION ISSUES
- RINGWORM
  - FUNGAL INFECTION, OFTEN FROM KIDS, TEACHERS, DAY CARE PROVIDERS, ECE(S)
- ACETALDEHYDE
  - YEAST INTERMEDIATE – FUNGAL, POOR DRAINAGE, LIVER, BRAIN FOG
- E COLI
  - GUT BACTERIA, LOW HCL, FOOD POISONING
- SALMONELLA
  - GUT BACTERIA, LOW HCL, FOOD POISONING
- HELICOBACTER PYLORI
  - HEART BURN, GASTRITIS, ULCERS, HIGH STRESS, POOR SLEEP, LOW ZINC, HIGH ACIDIC LIFESTYLE, TOXIC LIVER, PROTON PUMP INHIBITORS (OR SIMILAR – TUMS)