

Protocols

SRT and MSA



November 2022

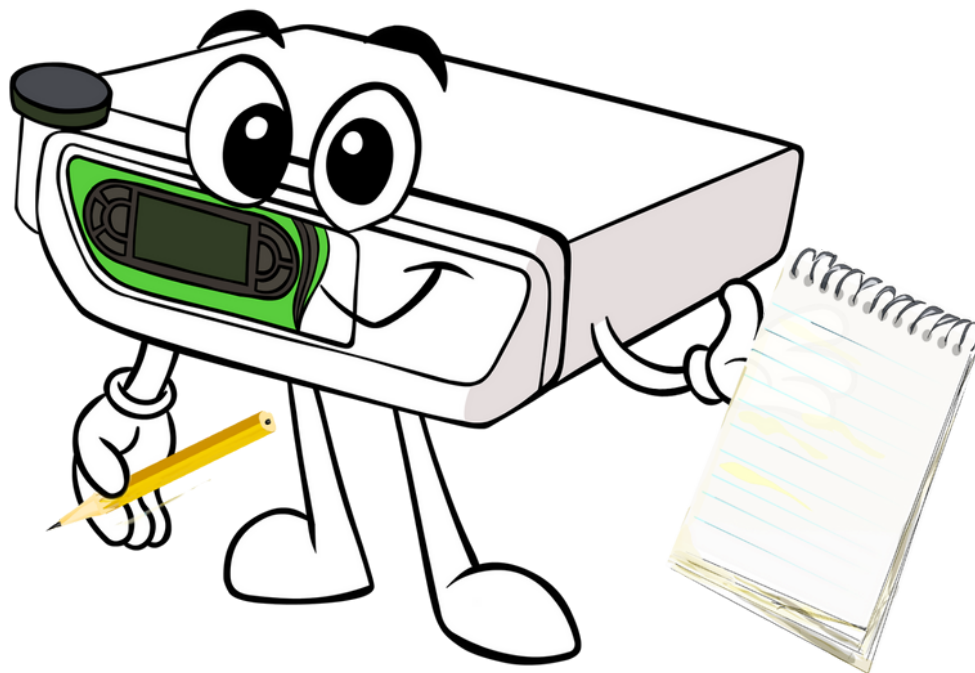


Table of Contents

- 4 Acne - Adults
- 6 Acne - Teens
- 8 Anxiety/Panic Attacks
- 10 Constipation
- 12 Environmental Reactions
- 14 Gas and Bloating
- 16 Headaches/Migraines
- 18 High Blood Pressure
- 20 Hives
- 22 Leaky Gut
- 24 Low Back Pain
- 26 Menopause
- 28 Perfume Sensitivities
- 30 Pet/Animal Reactions
- 32 Restless Leg Syndrome (RLS)
- 34 Urinary Tract Infections (UTI's)

Level 2 training in MSA or SRT is required to understand the protocol sequence.
Please contact IHT if you would like to take further training.



IHT Technology does not diagnose, treat or cure any disease or medical condition. Its purpose is for the measurement of Galvanic Skin Response. Any other information gathered from the use of this technology implied or otherwise is not the purpose of this technology and therefore not the responsibility of IHT or MedProducts.

©2012-2022 MedProducts, LLC All Rights Reserved

Acne – Adults

Pimples due to inflamed or infected sebaceous glands of the skin.

Appointment #1 Testing	Dilution	Reasoning
Digestive System	Mother	Poor digestion and an overloaded liver can cause excess toxins in the body. If toxins can't be eliminated through the proper detoxification pathways, toxins will come through the skin.
Digestive Enzymes	Mother	Slow digestion can contribute to excess toxins in the body. The more efficiently our digestion works, the better the health of our skin.
Staphylococcus Aureus Candida Albicans	Mother, 1x, Total, Multi Chronic	Staphylococcus aureus is a common bacteria on the skin that can contribute to acne. Candida albicans, an overgrowth of yeast in the body, can also contribute. A candida cleanse is an excellent recommendation.
Dairy	Mother	An inability to break down fats, oils and anything creamy such as dairy can contribute to acne.

Appointment #2 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #1	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormalities, then scan.
Triacylglycerols	Mother	An inability to break down or assimilate fats and oils can contribute to acne.
Liver and Gallbladder Meridians	Mother	The liver helps with proper detoxification. The gallbladder helps break down fats and oils.
Endocrine System Cortisol Histamine	Mother	Stress hormones can overload the liver and histamine can be affected by hormonal imbalances causing skin issues.

Acne – Adults

Appointment #3 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #2	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormal, then scan.
Blood Sugar	Mother	Blood sugar imbalances can cause inflammation in the body, including the skin and can cause the body to produce more sebum.
Pancreas Meridian	Mother	Balancing the pancreas meridian helps balance blood sugar.
Scars and Adhesions	Mother	Helps to heal the skin.

Client Suggestions

*clients/patients should always check with their doctor/pharmacist for contraindications with medications prior to starting any supplement program

Diet:

- A candida cleanse is recommended - avoid gluten, dairy, and sugar with anti-candida supplements and probiotics

Lifestyle:

- Manage stress through mindfulness, meditation, exercise, and spending time outdoors

Supplements to consider:

(if your designation allows you to recommend supplements)

- Liver Cleanse
- Candida Cleanse
- Probiotics

Acne – Teens

Pimples due to inflamed or infected sebaceous glands of the skin.

Appointment #1 Testing	Dilution	Reasoning
Digestive System	Mother	Poor digestion and an overloaded liver can cause excess toxins in the body. If toxins can't be eliminated through the proper detoxification pathways, toxins will come through the skin.
Hormones	Mother	Hormonal imbalances can cause the skin to overproduce oil cloggin the pores.
Dairy	Mother	An inability to break down fats, oils and anything creamy such as dairy can contribute to acne.
Liver and Gallbladder Meridians	Mother	The liver helps with proper detoxification. The gallbladder helps break down fats and oils.

Appointment #2 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #1	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormalities, then scan.
Hormones	1x	Hormonal imbalances can cause the skin to overproduce oil which clogs the pores.
Dairy	1x	An inability to break down fats, oils and anything creamy such as dairy can contribute to acne.
Sebum Sebaceous Glands Sweat Glands	Mother, 1x, Total and Multi Chronic	Sweat glands and sebaceous glands can become clogged and an overproduction of sebum can be the cause.

Acne – Teens

Appointment #3 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #2	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormal, then scan.
Hygiene and Grooming Products	Mother	The skin can be sensitive to anything creamy such as face creams and hair conditioner, especially when the skin is already overproducing its own oil.
Triacylglycerols	Mother	An inability to break down or assimilate fats and oils can contribute to acne.
Liver and Gallbladder Meridians	1x	The liver helps with proper detoxification. The gallbladder helps break down fats and oils.

Client Suggestions

*clients/patients should always check with their doctor/pharmacist for contraindications with medications prior to starting any supplement program

Diet:

- Avoid or limit dairy and other creamy foods
- Wash hair conditioner off of skin after conditioning hair
- Drink plenty of water to help flush out toxins

Lifestyle:

- Wash skin regularly

Supplements to consider:

(if your designation allows you to recommend supplements)

- Herbs to help support liver detoxification

Anxiety/Panic Attacks

An overwhelming sense of fear often accompanied by physical symptoms such as sweating, increased heart rate, and rapid breathing.

Appointment #1 Testing	Dilution	Reasoning
Amino Acids	Mother	Amino acids are the building blocks of the body. If the body is not producing or absorbing amino acids, the body will have a difficult time healing.
Digestive System	Mother	The gut and brain connection - your gut is alive with nerves and membranes that regulate almost every area of your body.
Endocrine System	Mother	The endocrine system regulates the brain and nervous system and includes the adrenals which play an important role in our stress response.
Cortisol	Mother	The body's stress response hormone secreted by the adrenals.

Appointment #2 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #1	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormals, then scan.
Blood Sugar	Mother	A drop in blood sugar can stimulate anxiety symptoms such as shakiness, increased heart rate, irritability, difficulty concentrating, and panic.
Caffeine	Mother	Caffeine stimulates the adrenal glands to increase the release of cortisol which can bring on anxiety.
Endocrine System	1x	The endocrine system regulates the brain and nervous system and includes the adrenals which play an important role in our stress response.

Anxiety/Panic Attacks

Appointment #3 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #2	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormals, then scan.
Food Additives 1	Mother	Food additives such as food colorings and MSG can stimulate anxiety.
Food Additives 2	Mother	Food additives such as food colorings and MSG can stimulate anxiety.
Endocrine System	Total	The endocrine system regulates the brain and nervous system and includes the adrenals which play an important role in our stress response.

CLIENT SUGGESTIONS

*clients/patients should always check with their doctor/pharmacist for contraindications with medications prior to starting any supplement program

Diet:

- Reduce/eliminate caffeine (caffeine can stimulate anxiety and a racing heart)
- Drink plenty of water (dehydration can exaggerate symptoms of anxiety)
- Reduce/eliminate processed and packaged foods (food additives such as MSG and food coloring can stimulate anxiety)

Lifestyle:

- Breathing techniques such as alternate nostril breathing and/or belly breathing
- Guided Meditation
- Progressive Relaxation

Supplements to consider:

(if your designation allows you to recommend supplements)

- Consider herbs such as Ashwagandha/Rhodiola/Passion Flower
- B Complex
- Magnesium

Constipation

Infrequent bowel movements often consisting of small amounts of dry, hard stool.

Appointment #1 Testing	Dilution	Reasoning
Digestive System	Mother	A poorly functioning or sluggish digestive system can lead to constipation.
Digestive Enzymes	Mother	Inefficient enzymes which break down food can contribute to constipation.
Grains	Mother	Food intolerances can cause constipation.
Dairy	Mother	Food intolerances can cause constipation.

Appointment #2 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #1	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormal, then scan.
Endocrine System Cortisol	Mother	Stress can cause our body to have tension. This tension can also affect our colon preventing the colon from relaxing and letting go of stool efficiently.
Candida Albicans Magnesium Serum Magnesium	Mother, 1x, Total and Multi Chronic	Candida albicans, an overgrowth of yeast, can contribute to constipation. Poor absorption of magnesium can prevent the muscles of the colon to relax.
Triacylglycerols	Mother	Fats and oils help lubricate the digestive system and colon.

Constipation

Appointment #3 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #2	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormal, then scan.
Pure Water Contaminants	Mother	Poor absorption of water can cause the colon and stool to become dehydrated. Working on water and water contaminants can help the body absorb water more efficiently.
Digestive System	1x	A poorly functioning or sluggish digestive system can lead to constipation.
Digestive Enzymes	1x and Total	Inefficient enzymes to break down food can contribute to constipation.

Client Suggestions

*clients/patients should always check with their doctor/pharmacist for contraindications with medications prior to starting any supplement program

Diet:

- A candida cleanse is recommended if this shows up out of balance at appointment #2

Lifestyle:

- Manage stress through mindfulness, meditation, exercise, and spending time outdoors
- Root chakra exercises such as squats
- Use a stool to rest your feet on when using the toilet to promote proper posture during bowel movements

Supplements to consider:

(if your designation allows you to recommend supplements)

- Magnesium Citrate
- Slippery Elm
- Liposomal Vitamin C
- Omega EFA's
- Digestive Enzymes

Environmental Reactions

Resolving reactions to ragweed, trees, pollen, grass, and mold.

Appointment #1 Testing	Dilution	Reasoning
Basic Immune System	Mother	Helps rebalance the Immune response to stressors.
Trees	Mother	To increase the body's ability to recognize and stop reacting to trees.
Grass	Mother	To increase the body's ability to recognize and stop reacting to grass.
Weeds	Mother	To increase the body's ability to recognize and stop reacting to weeds.
Histamine	Mother, 1x, Total and Multi Chronic	To help balance the body's histamine levels.

Appointment #2 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #1	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormalities, then scan.
Mold	Mother	To increase the body's ability to recognize and stop reacting to outdoor mold (decomposing leaves can cause mold).
Grass and Hay Dust Mix	Mother, 1x, Total and Multi Chronic	To increase the body's ability to recognize and stop reacting to dust.
Blossoming Flowers	Mother	To increase the body's ability to recognize and stop reacting to flower pollen.
Grass	1x	To increase the body's ability to recognize and stop reacting to grass.

HT Technology does not diagnose, treat or cure any disease or medical condition. Its purpose is for the measurement of Galvanic Skin Response. Any other information gathered from the use of this technology implied or otherwise is not the purpose of this technology and therefore not the responsibility of IHT or MedProducts.

Environmental Reactions

Appointment #3 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #2	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormalities, then scan.
Trees	1x	To increase the body's ability to recognize and stop reacting to trees.
Weeds	1x	To increase the body's ability to recognize and stop reacting to weeds.
Mold	1x	To increase the body's ability to recognize and stop reacting to outdoor mold (decomposing leaves can cause mold).
Blossoming Flowers	1x	To increase the body's ability to recognize and stop reacting to flower pollen.

CLIENT SUGGESTIONS

*clients/patients should always check with their doctor/pharmacist for contraindications with medications prior to starting any supplement program

Diet:

- Drink LOTS of water (2-3 liters per day). If the body is dehydrated, it naturally produces more histamine, making reactions worse.
- Limit high histamine foods such as fermented foods, cheese, vinegar, and processed meats. (<https://www.mindbodygreen.com/articles/low-histamine-diet-and-histamine-intolerance-guide>)

Lifestyle:

- Get plenty of sleep. If your body is run down, reactions can be worse.

Supplements to consider:

(if your designation allows you to recommend supplements)

- Quercetin
- A homeopathic for allergies such as Allernest by Biomed Professionals or Rhinallergy by Boiron
- HistaDAO by Xymogen - this is a diamine oxidase supplement that may help reduce histamine intolerance symptoms if this is suspected.

HT Technology does not diagnose, treat or cure any disease or medical condition. Its purpose is for the measurement of Galvanic Skin Response. Any other information gathered from the use of this technology implied or otherwise is not the purpose of this technology and therefore not the responsibility of IHT or MedProducts.

Gas and Bloating

Distended abdominal area with discomfort and flatulence.

Appointment #1 Testing	Dilution	Reasoning
Digestive System	Mother	Digestive System imbalances can contribute to gas and bloating.
Digestive Enzymes	Mother	Insufficient enzymes or enzymes not working properly to digest food may cause gas and bloating.
Gluten	Mother	Food sensitivities can cause gas and bloating.
Dairy	Mother	Food sensitivities can cause gas and bloating.

Appointment #2 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #1	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormalities, then scan.
Liver Detox Pathways	Mother	Liver imbalances can cause excess gas and bloating especially when eating foods such as onions and broccoli.
Liver Meridian	Mother	Liver imbalances can cause excess gas and bloating especially when eating foods such as onions and broccoli.
Gallbladder Meridian	Mother	Gallbladder imbalances can cause difficulties digesting fats and oils. This is important to work on even if the client has had their gallbladder removed as this has caused a disruption in the energy of the gallbladder meridian.

Gas and Bloating

Appointment #3 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #2	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormalities, then scan.
Digestive System	1x	Digestive System imbalances can contribute to gas and bloating.
Digestive Enzymes	1x	Insufficient enzymes or enzymes not working properly to digest food may cause gas and bloating.
Food Sensitivities (some are included, add specific foods your client suspects cause gas and bloating)	Mother	Food sensitivities can cause gas and bloating.

Client Suggestions

*clients/patients should always check with their doctor/pharmacist for contraindications with medications prior to starting any supplement program

Diet:

- For 2 weeks avoid gluten and dairy
- Keep in mind that working on offending foods can cause the client to temporarily have the same reaction as if they had eaten the food

Lifestyle:

- Eat small meals regularly and eat fruit on its own or 20 minutes before other foods but not after
- Avoid desserts after meals (this can contribute to gas and bloating)

Supplements to consider:

(if your designation allows you to recommend supplements)

- Digestive Enzymes

Headaches/Migraines

Pain in the head.

Appointment #1 Testing	Dilution	Reasoning
Digestive System	Mother	Headaches are often the result of digestive issues such as food intolerances or an overloaded liver.
Digestive Enzymes	Mother	Helps with breaking down foods, making digestion easier.
Endocrine System	Mother	Headaches can be the result of stress.
Grains Histamine	Mother	Food intolerances such as gluten can often contribute to headaches. Histamine is released when we have a reaction and can contribute to headaches.

Appointment #2 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #1	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormals, then scan.
Liver Meridian	Mother	If the liver is overloaded and detoxification has slowed, toxins within the body can cause headaches.
Geopathic Stressors	Mother	Weather is a common source of headaches.
Minerals	Mother	Magnesium helps to relax the muscles of the neck, sodium and potassium help regulate water balance within our body.

Headaches/Migraines

Appointment #3 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #2	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormalities, then scan.
Deep Back and Neck Muscles	Mother	Neck tension can cause headaches.
Grains Histamine	1x	Food intolerances such as gluten can often contribute to headaches. Histamine is released when we have a reaction and can contribute to headaches.
Geopathic Stressors	1x	Weather is a common source of headaches.

Client Suggestions

*clients/patients should always check with their doctor/pharmacist for contraindications with medications prior to starting any supplement program

Diet:

- Drink 2-3 liters of water per day and eliminate or limit caffeine intake
- Avoid or limit gluten

Lifestyle:

- Manage stress through mindfulness, meditation, exercise, and spending time outdoors

Supplements to consider:

(if your designation allows you to recommend supplements)

- Magnesium
- Stress supplements containing herbs such as Ashwagandha

High Blood Pressure

High blood pressure (hypertension) occurs when blood flows through blood vessels and arteries and with a higher than normal pressure. It is one of the leading causes of heart disease.

Appointment #1 Testing	Dilution	Reasoning
Endocrine System	Mother	Stress can cause muscles and blood vessels in our body to constrict. Stress may also contribute to a faster rate of plaque build-up within arteries.
Blood Pressure	Mother	This folder contains frequencies such as vasopressin and angiotensin II which may contribute to the constriction of blood vessels.
Blood Test	Mother	This folder contains important frequencies such as cholesterol and triglycerides.
Heart Meridian	Mother	The heart meridian covers the pericardium, arteries, nerves, and tissues around the heart, and descends through the diaphragm to connect with the small intestine.

Appointment #2 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #1	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormals, then scan.
Endocrine System	1x	Stress can cause muscles and blood vessels in our body to constrict. Stress may also contribute to a faster rate of plaque build up within arteries.
Blood Pressure	1x	This folder also contains frequencies to help with the delicate balance between sodium and potassium to help maintain optimal blood pressure.
Grains	Mother	Food intolerances can cause inflammation and constriction.

HT Technology does not diagnose, treat or cure any disease or medical condition. Its purpose is for the measurement of Galvanic Skin Response. Any other information gathered from the use of this technology implied or otherwise is not the purpose of this technology and therefore not the responsibility of IHT or MedProducts.

High Blood Pressure

Appointment #3 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #2	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormalities, then scan.
Blood Test	1x	This folder contains important frequencies such as cholesterol and triglycerides.
Dairy	Mother	Food intolerances can cause inflammation and constriction.
Sugars and Sweeteners	Mother	Food intolerances can cause inflammation and constriction.

Client Suggestions

*clients/patients should always check with their doctor/pharmacist for contraindications with medications prior to starting any supplement program

Diet:

- Eat whole foods such as fruits, vegetables, nuts, seeds, legumes
- Avoid processed, packaged foods, and sugar
- Drink plenty of water

Lifestyle:

- Reduce stress
- Spend time outside

Supplements to consider:

(if your designation allows you to recommend supplements)

- Magnesium - acts as a muscle relaxant
- Aged Garlic - may help prevent the production of angiotensin II and enhance the availability of nitric oxide
- L-Arginine - helps to relax and open arteries

Hives

Raised itchy bumps also known as urticaria and are usually brought on by an allergic reaction, intolerance or sensitivity.

Appointment #1 Testing	Dilution	Reasoning
Endocrine System	Mother	Stress hormones can cause hives.
Histamine	Mother, 1x, Total and Multi Chronic	Released by cells during an inflammatory or allergic response.
Household Toxic Inhalants	Mother	Dust, dust mites, and other common household toxins are common for causing hives/itching and congestion. Especially if symptoms are worse upon waking.
Pure Water Contaminants	Mother	Water absorption is essential to reduce histamine within the body. Contaminants within the water can prevent the body from absorbing water.

Appointment #2 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #1	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormalities, then scan.
Household Toxic Inhalants	1x	Dust, dust mites, and other common household toxins are common for causing hives, itching, and congestion. Especially if symptoms are worse upon waking.
Geopathic Stressors and UVA/UVB/full spectrum sunlight	Mother	Weather such as cold or sun can stimulate hives.
Sweat and Sweat Glands	Mother, Total, 1x	Reactions to sweat can cause hives.

Hives

Appointment #3 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #2	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormal, then scan.
Geopathic Stressors and UVA/UVB/full spectrum sunlight	1x and Total	Weather such as cold or sun can stimulate hives.
Dairy and Grains	Mother	Food sensitivities can cause hives.
Food Additives 1 & 2	Mother	Chemicals and food additives can cause hives.

Client Suggestions

*clients/patients should always check with their doctor/pharmacist for contraindications with medications prior to starting any supplement program

Diet:

- Avoid high histamine foods such as fermented foods, dairy, tomatoes, beans, cured meats
- Drink PLENTY of water (dehydration causes higher amounts of histamine in the body)

Lifestyle:

- Journal - write down when hives are at their worst including what food and drinks have been consumed, the current weather such as sun/cold/dry/etc, if exercise brings on hives, etc.

Supplements to consider:

(if your designation allows you to recommend supplements)

- Electrolyte supplement or Rehydrate by Physica Energetics
- Quercetin: may help lower the overall levels of histamine in the body and reduce inflammation

Leaky Gut

Resolving symptoms associated with leaky gut.

Appointment #1 Testing	Dilution	Reasoning
Amino Acids	Mother	Amino acids are the building blocks of the body. If the body is not producing or absorbing amino acids, the body will have a difficult time healing the gut.
Digestive System	Mother	To rebalance the digestive system functions.
Digestive Enzymes	Mother	To assist in the body's ability to digest.
Zonulin	Mother	To help heal the gut lining.

Appointment #2 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #1	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormalities, then scan.
Amino Acids	Multi Chronic	Amino acids are the building blocks of the body. If the body is not producing or absorbing amino acids, the body will have a difficult time healing the gut.
Digestive System	Multi Chronic	To rebalance the digestive system functions.
Digestive Enzymes	Multi Chronic	To assist in the body's ability to digest.
Endocrine System and Cortisol	Mother	To help balance the body's stress response. Stress can wear down the digestive system.

Leaky Gut

Appointment #3 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #2	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormalities, then scan.
Endocrine System and Cortisol	1x	To help balance the body's stress response. Stress can wear down the digestive system.
Gluten	Mother	To increase the body's ability to recognize and stop reacting to gluten.
Dairy	Mother	To increase the body's ability to recognize and stop reacting to dairy.

CLIENT SUGGESTIONS

*clients/patients should always check with their doctor/pharmacist for contraindications with medications prior to starting any supplement program

Diet:

- Avoid gluten, dairy, caffeine, and processed foods
- Eat an alkaline diet
- Possible Candida Cleanse

Lifestyle:

- Reduce stress
- Practice mindfulness and meditation

Supplements to consider:

(if your designation allows you to recommend supplements)

- L-glutamine
- Probiotics

Low Back Pain

Pain of the low back

Appointment #1 Testing	Dilution	Reasoning
Amino Acids	Mother	Amino acids are the building blocks of the body. If the body is not producing or absorbing amino acids, the body will have a difficult time healing and the symptom will often be pain.
Endocrine System and Cortisol	Mother	The endocrine system includes the adrenals which play an important role in our stress response. Stress is often a cause for low back pain.
Muscles Affecting the Low Back and Spinal Misalignment	Mother	Spinal misalignments can cause muscles to be tight.
Magnesium and Serum Magnesium	Mother	Magnesium is an important mineral that helps muscles to relax.

Appointment #2 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #1	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormalities, then scan.
B Vitamins	Mother	Often when stress is causing tension, the body's ability to absorb B vitamins is compromised.
Kidney Meridian	Mother	Pain in the low back can be a result of an imbalance of the kidneys.
Peripheral Nerves - Lower Body	Mother	Nerves such as the sciatic nerve can cause low back pain if they are compressed or pinched.

Low Back Pain

Appointment #3 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #2	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormalities, then scan.
Endocrine System and Cortisol	1x	The endocrine system includes the adrenals which play an important role in our stress response. Stress is often a cause for low back pain.
Muscles Affecting the Low Back and Spinal Misalignment	1x	Spinal misalignment can cause muscles to be tight.
Magnesium and Serum Magnesium	1x	Magnesium is an important mineral that helps muscles to relax.

CLIENT SUGGESTIONS

*clients/patients should always check with their doctor/pharmacist for contraindications with medications prior to starting any supplement program

Diet:

- Avoid sugar as this can cause inflammation of the low back
- Drink plenty of water to help ensure the kidneys are being continuously replenished and to help muscles stay hydrated

Lifestyle:

- Stretching, especially of the hamstring muscles as they can pull on the low back if they are tight

Supplements to consider:

(if your designation allows you to recommend supplements)

- Magnesium to help relax muscles (magnesium citrate if there is constipation, magnesium bisglycinate if there is no constipation)

Menopause

The stage when the ovaries stop producing reproductive hormones. Signs that menopause may be starting include irregular menstrual cycles, excessive sweating during the night, hot flashes, mood swings, fatigue, and weight gain.

Appointment #1 Testing	Dilution	Reasoning
Digestive System	Mother	The gut-hormone relationship is perhaps the most overlooked aspect of hormone health. Taking care of the gut microbiome (the network of bacteria in the gut and body) is incredibly important for hormone health.
Endocrine System	Mother	Stress and negative thoughts activate the “fight or flight” response in the body, and they may block the “rest & digest” nervous system.
Hormones	Mother	Reproductive hormones such as estrogen, progesterone, and testosterone need to be in balance to alleviate symptoms of menopause.
Liver Meridian	Mother	The liver is the site of detoxification for the body. Excess estrogen is eliminated from the body through the liver.

Appointment #2 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #1	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormalities, then scan.
Endocrine System	1x	Chronic stress creates an enormous demand for the hormone cortisol. Sometimes, the adrenal glands cannot keep up with this demand and they become exhausted, a syndrome known as adrenal fatigue.
Hormones	1x	Reproductive hormones such as estrogen, progesterone, and testosterone need to be in balance to alleviate symptoms of menopause.
Blood Sugar	Mother	Maintaining blood sugar balance is essential to regulating hormones. Insulin triggers the release of cortisol, the stress hormone.

Menopause

Appointment #3 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #2	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormal, then scan.
Endocrine System	Total	Stress and negative thoughts activate the “fight or flight” response in the body, and they block your “rest & digest” nervous system.
Hormones	Total	Reproductive hormones such as estrogen, progesterone, and testosterone need to be in balance to alleviate symptoms of menopause.
Liver Meridian	Total	The liver is the site of detoxification for the body. Excess estrogen is eliminated from the body through the liver.

CLIENT SUGGESTIONS

*clients/patients should always check with their doctor/pharmacist for contraindications with medications prior to starting any supplement program

Diet:

Eliminate foods known to adversely affect the reproductive system and disrupt hormone balance such as:

- dairy, gluten, refined sugar, coffee, alcohol, processed foods, and foods with chemicals

Lifestyle:

- Relaxation techniques: deep breathing, meditation, yoga, tai chi
- Massage, reiki, acupuncture, sauna

Supplement to consider:

(if your designation allows you to recommend supplements)

- DIM: Supports estrogen metabolism and liver detoxification
- Dong Qui: Helps restore regular cycles by bringing blood to the pelvic region and relieving blood stagnation
- Probiotics: to help rebalance the estrobolome, the microbe population living in the gut, and involved in estrogen balance

Perfume Sensitivities

Resolving reactions to scents such as perfumes and fragrances.

Appointment #1 Testing	Dilution	Reasoning
Basic Immune System	Mother	Helps rebalance the Immune response to stressors.
Household Toxic Inhalants	Mother	To increase the body's ability to recognize and stop reacting to household inhalants such as perfumes and cleaning products.
Cranial Nerves	Mother	Chemical reactions can often cause the nerves of the brain to become inflamed.
Krebs Cycle	Mother	An important part of aerobic respiration and the body's ability to utilize oxygen.

Appointment #2 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #1	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormal, then scan.
Basic Immune System	1x	Helps rebalance the Immune response to stressors.
Perfumes and Cosmetic Fragrances	1x, Total and Multi Chronic	To increase the body's ability to recognize and stop reacting to household inhalants such as perfumes and cleaning products.
Cranial Nerves	1x	Chemical reactions can often cause the nerves of the brain to become inflamed.
Krebs Cycle	1x	An important part of aerobic respiration and the body's ability to utilize oxygen.

HT Technology does not diagnose, treat or cure any disease or medical condition. Its purpose is for the measurement of Galvanic Skin Response. Any other information gathered from the use of this technology implied or otherwise is not the purpose of this technology and therefore not the responsibility of IHT or MedProducts.

Perfume Sensitivities

Appointment #3 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #2	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormalities, then scan.
Chemicals 1, 2, OR 3	Multi Chronic	To increase the body's ability to recognize and stop reacting to chemicals. Work on one folder per session as this can be too overwhelming to do all at once.
Liver Detox Pathways	Mother	To help the body release toxins and reduce the toxic load.
Liver Meridians	Total	To support the detoxification process.

CLIENT SUGGESTIONS

*clients/patients should always check with their doctor/pharmacist for contraindications with medications prior to starting any supplement program

Diet:

- Drink lots of water to help flush toxins out of the body

Lifestyle:

- Eliminate the use of chemicals around the house such as cleaning products

Supplements to consider:

(if your designation allows you to recommend supplements)

- Greens - any supplement for increasing alkalinity in the body

Pet/Animal Reactions

Resolving reactions to pets and animals.

Appointment #1 Testing	Dilution	Reasoning
Basic Immune System	Mother	Helps rebalance the Immune response to stressors.
Animal Allergens	Mother	To increase the body's ability to recognize and stop reacting to animal fur, dander, hair, urine and feces.
Dust	Mother	To increase the body's ability to recognize and stop reacting to dust.
Histamine	Mother	To help balance the body's histamine levels.

Appointment #2 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #1	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormals, then scan.
Basic Immune System	1x	Helps rebalance the Immune response to stressors.
Animal Allergens	1x	To increase the body's ability to recognize and stop reacting to animal fur, dander, hair, urine and feces.
Dust	1x	To increase the body's ability to recognize and stop reacting to dust.
Histamine	1x	To help balance the body's histamine levels.

HT Technology does not diagnose, treat or cure any disease or medical condition. Its purpose is for the measurement of Galvanic Skin Response. Any other information gathered from the use of this technology implied or otherwise is not the purpose of this technology and therefore not the responsibility of IHT or MedProducts.

Pet/Animal Reactions

Appointment #3 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #2	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormalities, then scan.
Basic Immune System	Multi Chronic	Helps rebalance the Immune response to stressors.
Animal Allergens	Multi Chronic	To increase the body's ability to recognize and stop reacting to animal fur, dander, hair, urine and feces.
Dust	Multi Chronic	To increase the body's ability to recognize and stop reacting to dust.
Histamine	Multi Chronic	To help balance the body's histamine levels.

CLIENT SUGGESTIONS

*clients/patients should always check with their doctor/pharmacist for contraindications with medications prior to starting any supplement program

Diet:

- Avoid high histamine foods such as fermented foods, cheese, vinegar, and processed meats

Lifestyle:

- Wash hands after coming into contact with animals

Supplements to consider:

(if your designation allows you to recommend supplements)

- Allernest by Biomed Professional

Restless Legs Syndrome (RLS)

A strong urge to move the legs when laying down, especially at night. May be described as a creeping or jittery sensation which can be mild or severe.

Appointment #1 Testing	Dilution	Reasoning
Endocrine System and Cortisol	Mother	The endocrine system regulates the brain and nervous system and includes the adrenals which play an important role in our stress response. RLS can be a neurological response to stress.
Folic Acid, Magnesium, Serum Magnesium	Mother	A lack of absorption of these nutrients can contribute to RLS.
Iron, Serum Iron, Hcpidin	Mother	Anemia or low iron can be a contributing factor to RLS.
Lymphatic System and Lymph Meridian	Mother	The lymphatic system moves fluid throughout the body. The body is innately doing this by moving the legs at night. Promoting better lymphatic movement can help alleviate the need for the legs to move at night.

Appointment #2 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #1	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormals, then scan.
Kidney Meridian	Mother	Kidney imbalances and a lack of absorption of water can contribute to restless legs.
Root Chakra	Mother	The Root Chakra lies between the hips and falls slightly below our Sacral Chakra and governs our lower extremities.
Blood Sugar	Mother	Blood sugar imbalances or diabetes can contribute to RLS.

Restless Legs Syndrome (RLS)

Appointment #3 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #2	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormalities, then scan.
Iron, Serum Iron, Hepcidin, Folic Acid, Magnesium, Serum Magnesium	1x	A lack of absorption of these nutrients can contribute to RLS.
Kidney Meridian	1x	Kidney imbalances and a lack of absorption of water can contribute to restless legs.
Blood Sugar	1x	Blood sugar imbalances or diabetes can contribute to RLS.

CLIENT SUGGESTIONS

*clients/patients should always check with their doctor/pharmacist for contraindications with medications prior to starting any supplement program

Diet:

- Drink Plenty of water to ensure the muscles of the legs are hydrated and to help lymphatic fluid to move freely throughout the body
- Limit refined sugar and eat several small meals throughout the day to help balance blood sugar

Lifestyle:

- Root Chakra exercises such as gentle squats
- Walking barefoot outside (weather permitting)

Supplement to consider:

(if your designation allows you to recommend supplements)

- A supplement for stress - consider herbs such as Ashwagandha/Rhodiola/Passion Flower
- Magnesium before bed

Urinary Tract Infections (UTI's)

Raised itchy bumps also known as urticaria and usually brought on by an allergic reaction, intolerance or sensitivity.

Appointment #1 Testing	Dilution	Reasoning
Urinary System	Mother	To help support optimal bladder function.
Bladder Meridian	Mother	To help support optimal bladder function.
Nosodes - Bacteria	Mother	Bacteria can be the root cause of the infection.
Hygeine and Grooming Products	Mother	These can be irritants contributing to UTI's (for sexually active women, also test semen and/or condoms if used).

Appointment #2 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #1	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormal, then scan.
Fabric and Fiber	Mother	These can be irritants contributing to UTI's.
Sugars and Sweeteners	Mother	Can cause inflammation of the bladder.
Food Additives 1 and 2	Mother	Food sensitivities, especially food additives, can irritate the bladder.

Urinary Tract Infections (UTI's)

Appointment #3 Testing	Dilution	Reasoning
Retest anything that was out of balance from Appt. #2	N/A	In SRT, open a new session, on the right-hand side click current/history and open the previous scan. Select abnormalities, then scan.
Urinary System and Bladder Meridian	1x	To help support optimal bladder function.
Nosodes - Bacteria	1x	Bacteria can be the root cause of the infection.
Candida Albicans	Mother, 1x, Total and Multi Chronic	Candida, or too much yeast in the system can cause chronic reoccurring UTI's.

Client Suggestions

*clients/patients should always check with their doctor/pharmacist for contraindications with medications prior to starting any supplement program

Diet:

- Possible Candida Cleanse

Lifestyle:

- Switch to fragrance free soaps and laundry detergents
- Cotton underwear

Supplements to consider:

(if your designation allows you to recommend supplements)

- Berberine (anti-bacterial)



For inquiries, contact us.

Business Hours: 8 am-5 pm Mountain Time, Monday - Friday

USA Phone Number: 801-889-2224

Europe: +33 9 75 18 04 79

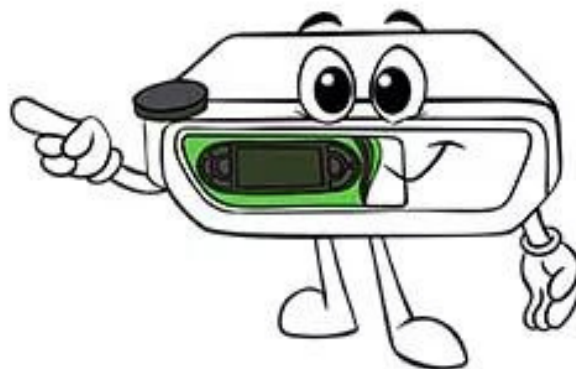
Toll-Free: 888-224-2337

International Health Technologies

2355 South 1070 West Suite D

Salt Lake City, Utah 84119

- BioScanGathering has manuals, videos, and marking resources.
- Discuss topics with peers in our IHT Practitioners Facebook group.
- Search our Knowledge-Base about your hardware, software, and PC.
- Browse our informative Blog Articles about a variety of subjects.
- Research studies and the history of GSR (Galvanic Skin Response).



IHT Technology does not diagnose, treat or cure any disease or medical condition. Its purpose is for the measurement of Galvanic Skin Response. Any other information gathered from the use of this technology implied or otherwise is not the purpose of this technology and therefore not the responsibility of IHT or MedProducts.

©2012-2022 MedProducts, LLC All Rights Reserved