

IHT is pleased to announce featured speaker

# Dr. Aruna Bakhru, M.D., F.A.C.P

OCTOBER 5<sup>th</sup>-9<sup>th</sup> PARK CITY, UTAH



**Dr. Bakhru** is Board Certified in Internal Medicine. After completing her Bachelor's degree in Medicine and Surgery from Lady Hardinge Medical College, University of Delhi, India, she completed her Residency from Prince George's Hospital Center, Maryland, U.S.A. She is presently in private practice in Poughkeepsie, NY.

Although she also has a conventional Internal Medicine practice, her real passion lies in integrating conventional medicine with the energy field model.

Using meridian stress assessment readings to find hidden patterns in the person's energy field and then using homeopathy, flower remedies, nutrition, herbal medicine, and essential oils even Chakra remedies to balance the field. She also uses emotional stress integration to find abnormal thought patterns that are interfering with wellness and then using guided imagery to help the patient break free of the limiting thought patterns.

**Look for her much-anticipated Medical textbook in early 2017!**

**"Nutrition & Integrative Medicine: a Primer for Clinicians"**  
ISDN 978-1-4987-5948-9

**Call Mike Venzke now to register!**

**(801) 889-2319**

**Reservations are Limited!**

**Register before July 1<sup>st</sup> for the early bird rate  
of only \$349 (\$299 for past attendees)**

Hotel Registration at [www.ihbio.com/parkcity](http://www.ihbio.com/parkcity)

## Lecture Topic:

**"Learning to Develop  
Your Own Style &  
Gaining Confidence"**

**Dr. Bakhru started using a Bio-energetic device back in 1997. She immersed herself in as many training classes she could in order to figure out how she would incorporate energy medicine into her own practice. She studied with many different practitioners learning an array of perspectives. She went from being very nervous about introducing this technology in her Internal Medicine practice to very confident.**

**Dr. Bakhru will walk you through her unique approach and help you to gain the confidence you need to build your clientele and practice.**